

ANCHOR THE LIGHT

COACHING & SPIRITUAL MENTORSHIP AGREEMENT

Provider: Anchor the Light

Facilitator:

Website: anchorthelight.org

1. Nature of Services

Coaching and spiritual mentorship services are **non-clinical** and are not psychotherapy, counseling, or mental health treatment.

These services may include:

- Spiritual guidance and mentorship
- Personal development and life direction work
- Ritual, symbolic, or archetypal exploration
- Embodiment practices, movement, or experiential processes
- Group or individual coaching sessions

These services are **educational, experiential, and spiritually oriented in nature.**

2. Not Psychotherapy

The client understands and agrees:

- These services are **not licensed psychotherapy**
- No diagnosis or treatment of mental health conditions is provided
- These services do not replace medical, psychological, or psychiatric care

If clinical care is needed, the client is responsible for seeking appropriate licensed providers.

3. Scope & Boundaries

- The facilitator does not provide crisis services
- The facilitator does not assess or manage risk related to mental health conditions
- The client agrees to take full responsibility for their own well-being and choices

4. Client Responsibility

The client acknowledges:

- They are voluntarily engaging in services
- They are responsible for their physical, emotional, and psychological well-being
- They may pause or stop participation at any time

5. Confidentiality

All sessions are treated as private and confidential.

However:

- These services are **not covered by HIPAA**
- Confidentiality may be limited in group settings
- Information may be shared if required by law (e.g., risk of harm)

6. Fees & Payment

- Session or program fees will be communicated in advance
- Payment is required prior to or at the time of service

All sales are final unless otherwise stated in writing.

7. Cancellation Policy

- A minimum of 48 hours' notice is required
- Late cancellations or missed sessions may be forfeited or charged in full

8. No Guarantees

No specific outcomes are promised.

Results vary based on the client's participation, openness, and integration.

9. Assumption of Risk

The client understands that:

- Spiritual and personal development work may involve emotional intensity
- Participation is voluntary
- The client assumes full responsibility for any outcomes

10. Release of Liability

To the fullest extent permitted by law, the client releases Anchor the Light and its facilitator from any liability arising from participation in these services.

11. Separation from Clinical Services

If the facilitator is also a licensed psychotherapist:

- Coaching/spiritual mentorship is **distinct and separate** from psychotherapy
- No therapeutic relationship is established through these services
- Records and services are maintained separately

12. Agreement

By signing below, the client acknowledges:

- They understand the nature of these services
- They agree to all terms outlined above
- They voluntarily choose to participate

Client Name: _____

Client Signature: _____ **Date:** _____